

# ALLERGEN STATEMENT

REVISION DATE: NOVEMBER 29 , 2022

Regarding possible allergens in cosmetics, it is important to know what you are sensitive to and how to avoid it. Read ingredient labels, do your research, ask questions, and understand that an ingredient on the label may be derived from a material that may not be listed. For example, lecithin is commonly derived from soy. While Circadia lists all our ingredients on our packaging, and our website at [www.circadia.com/products](http://www.circadia.com/products), its original source may not be. However, Circadia is always happy to answer questions about our ingredients.

Circadia has carefully evaluated our ingredients for the most common allergens, based on supplier information, however we have not tested our products for their presence. Therefore, if you have an allergy, please discuss the products with your doctor before using.

**Fragrance:** Our products are sold in Europe, and therefore have been evaluated for the presence of fragrance allergens which may be present in even natural botanical extracts. Circadia lists any fragrance allergens contained in the product at greater than 0.1%. They will be at the end of ingredients list (for example, Limonene).

**Gluten:** We have evaluated the ingredients currently used in our products to provide a list of possible glutencontaining ingredients derived from wheat, rye, barley and oats.

- **Alteromonas Ferment Filtrate** *Chrono-Calm Serum*
- **Amino Peptide Complex (Snap 8 and Inyline)** Myo-Cyte Plus, Full Circle Night Repair, Nighttime Repair Lotion, Nighttime Repair Plus, Revita-Cyte Complex
- **Avena Sativa (Oat) Kernel Protein** Zymase Mask, Revita-Cyte Complex, Amandola Milk Cleanser, Full Circle Day Lotion, Firming Peptide Mask
- **Avena Sativa (Oat) Beta Glucan**
  - Chrono-Calm, Phito-Pep 1.6, Spot Stop, SWiCH Fraction V, Revita-Cyte Complex
- **Dextran** Cyto-comm Serum, Licorice & Bearberry Brightening Mist, Revita-Cyte Complex
- **Glycoproteins (from Saccharomyces Cerevisiae Extract)** Revita-Cyte Complex, SWiCH Fraction
- **Glyceride ingredients**
  - Light Day SPF, Revita-Cyte Complex, Aloe & Calendula Calming Mist, Amandola Milk Cleanser, PhitoPep 1.6, White Willow & Juniper Clearing Mist, Bright White Serum, Hydrolox, Licorice & Bearberry
- Brightening Mist, Nighttime Repair, Nighttime Repair Plus, Post Peel, SWiCH Fraction V, TranquiliCream, Vitamin Veil Cleanser, White Veil Brightener, Zymase Enzyme Mask, Raspberry Enzyme Mask, Cocoa Enzyme Mask, Blueberry & White Tea Hydrating Mist
- **Hordeum Vulgare (Barley) Cera** Tranquili-Cream
- **Hydroxypropyl Cyclodextrin** RevitaCyte Complex, Nighttime Repair, Nighttime Repair Plus, Phito-Pep
- 1.6, Chrono-Peptide Booster
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- **Maltodextrin** Chrono-Calm Serum, Daytime Control, Professional & Firming Shaping Gel, Zymase Enzyme Mask, Raspberry Enzyme Mask, Cocoa Enzyme Mask, Marshmallow Whip Hydrating Mask, Firming Peptide Mask
- **Polysorbate 20** AquaPorin Hydrating Cream, Vitamin A Gel, Revita-Cyte Complex, Professional Firming & Shaping Gel, Cleansing Gel with Salicylic Acid, Myo-Cyte Plus, SWiCH Fraction V, SWiCH Hydrating Cleanser, Firming Peptide Mask Activator, Snow Algae & Spirulina Cooling Mask, Australian Super-Berry Antioxidant Mask
- **Tocopherol** Amandola Milk Cleanser, Chrono-Calm, Daytime Control, Full Circle Night, Nighttime Repair, Nighttime Repair Plus, Tranquili-Cream, Vitamin A Boosting Cream
- **Tocopheryl Acetate** AquaPorin Hydrating Cream, Bright White Serum, Cleansing Gel with Salicylic Acid, Full Circle Night Repair, Full Circle Day Repair, Hydralox, Nighttime Repair Lotion, Nighttime Repair Plus, Revita-Cyte Complex, Moisture on Demand, Phito-Pep 1.6, Post Peel, Tranquili-Cream, Spot Stop, Tidal Moisture, SWiCH Fraction V, Vitamin A Boosting Cream, Vitamin Veil Cleanser, Radiance,
- **Triticum Vulgare (Wheat) Germ Oil** Phito-Pep 1.6
- **Xanthan Gum** Phito-Pep 1.6, Revita-Cyte Complex, Professional Firming & Shaping Gel, Tranquili-Cream, MeriStem, Moisture on Demand, Bright White Serum, Amandola Milk Cleanser, SWiCH Fraction V, Emergency Eye Lift, Oxygen Rx Step 1B, Australian Super-Berry Antioxidant Mask, Snow Algae & Spirulina Cooling Mask

**Nuts:** Nut oils used in Circadia products are highly refined, and therefore not considered allergens. However, if you have a severe nut allergy, it is very important to check with your doctor before using any product containing nuts or nut oils. Circadia follows strict GMP guidelines for sanitization and raw material separation. We do not have a dedicated line for products containing nut oils. The following products contain tree nut oils: AquaPorin Hydrating Cream (Macademia nut oil); Nighttime Repair Lotion, Nighttime Repair Plus Lotion, Full Circle Night Cream, Vitamin A Boosting Cream (Peanut Oil); Amandola Milk Cleanser, Bright White Serum (Almond Oil).

**Natural rubber (latex):** Circadia skincare products contain no natural rubber or latex. However, the droppers of our 0.5 fl.oz. Hydralox bottles, contain natural rubber.

**Preservatives:** Circadia uses methylisothiazolinone (MIT), in one product: Nighttime Control Lotion. We are currently working to replace this with another preservative.

**Shellfish:** These Circadia products contain algae or other products from the sea.

We use a raw material in Revita-cyte Complex and SWiCH Fraction V that contains Microalgae Dunaliella Salina. According to the supplier of the material, it does contain fish or fish-by-products (though not shellfish), so we would advise against the use of Revita-cyte or Fraction V until the client discusses with their doctor.

The following products also contain a form of algae, however we have statements on file that none of these raw materials contain or have been produced on the same line as shellfish or fish.

- Microalgae Nannochloropsis oculata - Emergency Eye Lift
- Sea Whip Extract - Aloe & Calendula Calming Mist, Tranquili-Cream
- Carageenan - Aloe & Calendula Calming Mist, Licorice & Bearberry Brightening Mist, Blueberry & White Tea Hydrating Mist, White Willow & Juniper Clearing Mist
- Chrono-Calm - Ascophyllum Nodosum Extract and Asparagopsis Armata Extract
- Pseudoalteromonas Extract - Moisture on Demand, Phito-Pep 1.6

**Soybean:** the following products contain a form of soy: AquaPorin Hydrating Cream, Firming Peptide Mask (**soy protein**); Hydralox Facial Oil, Vitamin Veil Cleanser, SWiCH Vitamin Veil Cleanser (**soybean oil**); Snow Algae & Spirulina Cooling Mask (soy lecithin/ soybean oil), Cocoa/Raspberry/Zymase Enzyme Masks (**soy-derived monoglyceride**); White Veil Brightener, Chrono Calm, Blueberry & White Tea Hydrating Mist, White Willow & Juniper Clearing Mist, Licorice & Bearberry Brightening Mist, Aloe & Calendula Calming Mist, Light Day SPF, MeriStem Serum (**soy lecithin**).

**Note:** The soybean oil and soy-derived-monoglyceride we use are highly refined. This process tends to destroy or remove the protein (the allergen), however, we cannot guarantee that there is 0% soy protein present in the final raw material.

If you have questions not addressed in this statement, please contact the Regulatory Department at Circadia by Dr. Pugliese (717) 933-2065.







## Topical ingredients to avoid while pregnant or nursing

*Feel free to contact us at 800-630-4710 or email [info@circadia.com](mailto:info@circadia.com) with any additional questions you or your doctor may have.*

Thank you for your interest in Circadia Advanced Professional Skincare, and your inquiry about the safety of our products for pregnant or nursing women. Before use of our line or any cosmetic products, we strongly recommend the pregnant or nursing woman review all ingredient information with her physician for his/her approval. The complete list of Circadia ingredients can be found at [www.circadia.com](http://www.circadia.com) and on the package.

It is commonly recommended that pregnant or nursing women avoid:

### **1. Products containing Salicylic acid:**

- Alpha/Beta Peels
- DermaFrost Peels
- Jessner Peel
- MandeliClear Peel
- Cleansing Gel with 2% Salicylic Acid
- White Willow & Juniper Clearing Mist (contains Canadian Willowherb, a natural source of Salicylates, related to Salicylic acid)
- Daytime Control Lotion- contains Canadian Willowherb, a natural source of Salicylates, related to Salicylic acid)
- Spot Stop Lotion (contains Camphor, Menthol, and Willow Bark, a natural source of salicins, related to Salicylic acid)

### **2. Products containing retinol or any form of A:**

- Vitamin A Boosting Cream
- Vitamin A Gel
- Nighttime Repair
- Nighttime Repair Plus
- Vitamin A Accelerator
- Full Circle Eye Repair Night.

**3. Nighttime Control** contains 5% benzoyl peroxide (may be used in limited amounts, consult with your doctor.

**4. SWiCH Dermal Revitalization System**, due to its strength and activity

**5. Professional Firming & Shaping Gel** contains caffeine and methyl nicotinate

**6. Bright White Serum** there is not sufficient data on the effects of topical application during pregnancy of the brightening ingredient phenyl resorcinol. Discuss with your doctor.